

S i l a v a d e e  
SPA









# Silavadee Signature



## Silavadee Journey

Uniquely flowing strokes of Hawaiian Lomi Lomi massage will cover you from head to foot and back, wiping away stress and soothing those aches and pains. End with a Deep Sleep Head Massage, known to relieve travel stress, jet lag, and promote restful sleep.

120 Minutes | 4,700 Baht

*30 minutes steam optional (additional charge)*

## Sila Wellness

"Sila" means Stone. Those wonderful boulders around you are the inspiration for this soothing hot stone treatment. The stones come from deep within the earth, their healing energies will help you feel more vital and in tune with your body. Blending light to medium strokes, stretching and the tension melting magic of hot stones will give you a sense of rejuvenation, relief and restored balance.

120 Minutes | 4,900 Baht

*30 minutes steam optional (additional charge)*

## Silavadee Detox

Encourage the body's natural detox process. Flush out excess fluids in a stimulating Thai herbal steam and relax with a fragrant herbal bath full of minerals and natural oils. Powerful antioxidant rich green tea body wrap combined with our signature green tea oil massage will help boost blood flow and eliminate trapped toxins.

150 Minutes | 5,200 Baht

*\*The price cannot be used in conjunction with other promotions or discounts.*







# Silavadee Rituals

## Luk Pra Kob With Aromatherapy

This package combines the best of East and West. Start with a Thai herbal steam bath to relax tense muscles and prepare your skin for a traditional warm compress made with Thai medicinal herbs that help circulation and relieve tension. Finish with a relaxing aromatherapy oil massage.

120 Minutes | 3,900 Baht



## Head to Toe Delight

The perfect treatment from head to toe. Start with a Thai herbal steam bath, followed by a body scrub, Indian head massage and back massage.

- Thai Herbal Steam 30 min
- Body Scrub 30 min
- Indian Head massage 30 min
- Back massage 30 min
- Foot massage 30 min

150 Minutes | 4,500 Baht

## Stress Relief Therapy

Our most popular package. Start with a Thai herbal steam bath, followed by a body scrub and a stress relieving full body massage. This treatment will be completed with a facial which will make you look and feel wonderful.

- Thai Herbal Steam 30 min
- Body Scrub 30 min
- Massage full body 60 min
- Facial 60 min

180 Minutes | 5,900 Baht

## Silavadee Honeymoon

This celebration for the two of you will leave you glowing with rejuvenated skin and a relaxed body and mind. A truly unforgettable experience for couples. Start with a Thai herbal steam bath, followed by a body scrub, body wrap and a romantic jasmine milk bath. Finish with a massage of your choosing and a facial treatment.

- Thai Herbal Steam 30 min
- Body Scrub 30 min
- Body Wrap 30 min
- Jusmine milk bath 45 min
- Massage full body 60 min
- Facial 45 min

240 Minutes | 12,900 Baht

*\*The price cannot be used in conjunction with other promotions or discounts.*



# M a s s a g e



## Silavadee Aromatherapy

This gentle massage combines our signature aromatherapy oils with soothing and relaxing hand movements. Your skin and body will love the natural healing essences used.

60/90 Minutes | 2,900/3,500 Baht

## Ancient Thai Massage

The Ancient Thai massage uses precise application of pressure and stretching to stimulate and balance the energy meridian lines of the body.

60/90 Minutes | 2,400/3,000 Baht

## Thai Oil Therapy

Traditional Thai massage and Aromatherapy oil massage combined to leave you feeling rejuvenated and deeply relaxed.

90 Minutes | 3,500 Baht

## Deep Sleep Head Massage

Wonderful for headaches, jet lag, and poor sleep quality. Pressure points on the head and neck are used to release tension and promote restful sleep while also stimulating the hair and scalp.

60 Minutes | 1,900 Baht

## Therapeutic Back, Head and Shoulder

We combine sport, Swedish, and Thai massage techniques concentrating on those places where you need it the most.

45 Minutes | 2,700 Baht

## Fantastic Foot Reflexology

This complete and therapeutic foot reflexology massage stimulates specific reflex points that will leave you feeling more balanced and vital.

60 Minutes | 1,900 Baht



# Body Treatments



## Scrubs

### **Revitalizing** (Coconut Body Scrub)

Coconut oil is rich in Vitamin E and has antioxidant properties, also aids in the removal of excessive dead skin cells and strengthens new skin tissue.

60 Minutes | 2,400 Baht

### **Rejuvenating** (Green Tea Body Scrub)

Green tea is rich in antioxidants that protect and detoxify the skin. The added shea butter provides nourishment leaving your skin smooth and soft.

60 Minutes | 2,400 Baht

## Wraps

### **Refreshing** (Aloe Vera After Sun Wrap)

Natural Aloe Vera gel is the best remedy for moisturizing and soothing irritated skin. Ideal for sensitive skin or after sun exposure.

60 Minutes | 2,400 Baht

### **Hydrating** (Green Tea Wrap)

Regenerate and protect your skin from premature signs of aging with our Green Tea body mask. Detoxify and boost the natural glow of your skin.

60 Minutes | 2,400 Baht





# In Villa Spa Services

The Ultimate Chill Out.  
We bring our spa to you, just call us!

Additional charge – discounts are not applicable





# Wonderful Extras



## **Silavadee Facial** Moisturizing, nourishing, soothing.

The treatment begins with gentle cleansing and exfoliation. A massage with vitamin-rich coconut oil then stimulates circulation and hydrates the skin. The application of a soothing mask and powerful serum nourishes the skin revealing a healthy glowing complexion.

This facial is tailored to your individual needs and enriched by using only locally made organic skincare products.

60 Minutes | 2,900 Baht

## **Thai Herbal Steam**

Thailand is a wonderland of healing plants and they make our herbal steam a tropical healing experience. Relax and sweat out any toxins as the exotic ingredients perfume the air.

45 Minutes | 1,000 Baht/Person  
1,500 Baht/Couples

## **Romantic Jasmine Milk Bath**

This romantic milk bath filled with fresh rose petals, creates harmony and an unforgettably relaxing sensation. It soothes the emotions whilst softening and nourishing your skin. Yes, you deserve it!

45 Minutes | 1,500 Baht/Person  
2,500 Baht/Couples





# K i d ' s   S p a p a c k a g e

6 – 12 years old

## Prince and Princess Package

Coconut scrub 15 min  
Aloe Vera massage 30 min  
Ice cream 1 glass

45 Minutes | 1,300 Baht

## Chocolicious Package

Body massage with chocolate scented oil 30 min  
Tattoo sticker 15 min  
Chocolate mousse 1 glass

45 Minutes | 1,300 Baht

*\*The price cannot be used in conjunction with other promotions or discounts.*







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